

NYAA Journey in the Covid Storm



National Youth Achievement Award Council

School
Programme
Cancellation
How to complete
NYAA
Programme?



National Youth Achievement Award Council



Provisions for All Award Levels (April 2020-2021)

1. Home-based activity USING online platform
2. Research-based activities that enhance learning and stretching of personal goals
3. Service to own household or neighborhood



The activities carried out by the individuals must

- Be aligned to the section objectives
- Not compromise the integrity of NYAA framework

Youths must put in effort and demonstrate learning from the award

MISSION OF NYAA

To provide the opportunity and platform for young people to develop their character through learning and expressing values of service, care, perseverance, resilience, respect and responsibility so that they grow into well-rounded individuals who can contribute effectively to society and the nation.



SERVICE LEARNING

Touching Lives, Making a Difference



Objective

To learn how to provide useful service to those in need in our community and to understand the meaning behind voluntary service

SERVICE LEARNING

Requirements

Bronze : At least **20 hours** of regular activities
spread over minimum **4 months**

Silver : At least **40 hours** of regular activities
spread over minimum **8 months**

Gold : At least **60 hours** of regular activities
spread over minimum **12 months**

**Number of hours for
each level is the same.**

Graduating cohort not
able to fulfill the period
duration are excused
from satisfying the
minimum timeframe.
Schools may write in to
NYAA Council if there
are special cases.



National Youth Achievement Award Council

Suggested activities from schools

- ❖ **Schools** : School duties such as librarians, health ambassadors, cyber wellness ambassador, peer tutor, care leader. Use of social media or other online platform to demonstrate care and kindness to others.
- ❖ **Home** : Support parents in household chores and taking care of younger siblings.
- ❖ **Neighborhood or close community** : Show acts of kindness in big or small way. Work with RC/CC/ NGOs in different service projects without compromising personal safety or community.

Be specific in what you want to do especially in terms of household chores : Set a higher goal for yourself.

Example – Which area of help are you doing for your parents? Coaching sibling in the homework/ cook for them/ play with them?



OUTDOOR APPRECIATION

To be at ease with nature

Purpose

To be at ease with nature and develop
stewardship for our environment



OUTDOOR APPRECIATION

Number of hours for
each level is the same.
Set a SMART goal and
align the activities
towards the goal.

Requirements

- Bronze** : At least **15 hours** of outdoor activities
with a specific learning goal
- Silver** : At least **24 hours** of outdoor activities
with a specific learning goal
- Gold** : At least **36 hours** of outdoor activities
with a specific learning goal



Suggested activities from schools

- ❖ Online research on various outdoor topics aligned with a specific learning goals.
- ❖ School Outdoor Programmes teaching outdoor skills : Hours can be clocked but youths have to think about the application of the skills and how does it help him/her in the real life situation?
- ❖ Heritage trails/ exploration of the own roots.
- ❖ A photo collage/album of biodiversity at nearby park(with a theme).

To **Youths** : Do not just copy and paste the research information into the journal. Think about how the research information applies to your needs/ goals?

To **Coordinators** : You may use school programs to clock in some hours while leaving some hours for the students to clock for their own outdoor activities.

Work with the students on their specific goal.



HEALTHY LIVING

Physical and Mental Wellness

Purpose

To develop physical and mental wellness through participation in sports and recreational activities

Healthy Living

Requirements

- Bronze** : At least **24 hours** of regular activities spread over **6 months**
- Silver** : At least **32 hours** of regular activities spread over **12 months**
- Gold** : At least **48 hours** of regular activities spread over **18 months**

Number of hours for each level is the same.

Set a SMART goal for healthy living and align the activities towards the goal.

Gold participants who did Silver program may complete the program in 12 months.



Suggested activities from schools

Set a sustainable healthy routine that align with personal goals that keep the you healthy, both physically and mentally.

- ❖ Follow online keep fit video and design a routine to do the various exercises.
- ❖ Research on various ways to cook a healthy meal and keep to the diet.
- ❖ Workout together with friends via online platform.
- ❖ Brisk walk at the park.

Do not be too ambitious in doing too many activities. Use the activities as a tool to achieve your healthy goal/s. Make these activities a sustainable routine.



COMMUNITY LEADERSHIP INITIATIVE

Creating an impact, delivering change

Purpose

To build leadership skills while serving
the needs of the community

Community Leadership Initiatives

No change to the criteria.

Participant may plan the project using online platform or social media to engage the community.

Requirements

- ☐ Projects that help the community
- ☐ Identify a need in their community
- ☐ Find solutions to bring about a positive outcome
- ☐ Work in partnership with people from various backgrounds

Suggested activities from schools

- ❖ Synchronous singing/demonstrate a kind act to benefit the chosen community.
- ❖ Work with RC/CC/Schools to do morning exercise for the elderly.
- ❖ Online Coaching of a selected skill to the juniors/seniors etc.
- ❖ Online manual for Easy Cooking/ Footdrills/ Outdoor Skills.
- ❖ Walkaton from home to raise fund for a cause.

Identify the CAUSE of the project. Be Creative in coming up with the project. Use online platform to engage the community if face to face is not possible. Measure the impact of the project via AAR, interviews/ reflection of the community. Use social media to enhance the impact of the project.



Monitoring and Tracking Progress of Youths

- ❖ Documentations can be in the form of video clips/ mp3 recording/ pictures.
- ❖ Learning of the youths must be evident and progressive in the journal writing.
- ❖ Parents or adult leaders above 21 years old may endorse the youth's activities.
- ❖ If it involves external organisation, letter of appreciation/ affirmation/ participation must be attached.
- ❖ Schools may allow youths to clock some of the school-run activities and leave some of the hours for them to clock on their own.
- ❖ Schools may create folders for youths to journal their reflection online via google drive. Once the journal reflection is completed, coordinator may send the link to NYAA Council.



April 2020-2021

- ❖ As long as the activities are aligned with the section objectives, youths may go ahead to clock the hours of the activities.
- ❖ The suggested list for the various sections are **non-exhaustive** and can only be used as a reference.
- ❖ The provisions granted by NYAA Council stated in this powerpoint is applicable for youths who signed up for the programme during April 2020-2021 or due to complete the award during this period.
- ❖ Youths are encouraged to be creative in completing the journey without compromising the safety of self and others.



More Enquiries? Write in to us

- ❖ Award Development Matter : Ms Fiona Puah (fionapuah.nyaa@gmail.com)
- ❖ Registration and Payment, Gold Award : Mr Eugene Tan (eugenetan@nyaa.com)
- ❖ Bronze and Silver Award : Mr Gavin Tan (gavintan@nyaa.com)



National Youth Achievement Award Council